

Crawler Feeding Plan



Feeding children under one (1) year of age:

- A signed written feeding plan for children under one (1) year of age shall be obtained from parents.
- Instructions from the parent shall be updated regularly as new foods are added or other dietary changes are made.
- The feeding plan shall be posted in the child's assigned room.

Child's Name: _____ Date: _____

Birthday: _____

Does child take a bottle? Yes No

Is the bottle labeled? Yes No

Is the bottle warmed? Yes No

Does the child hold own bottle? Yes No

Can the child feed self? Yes No

Does the child eat: (check all that apply)

Strained foods Formula Baby foods Whole Milk Table foods

Other: _____

What type of formula is used? _____

****Center cannot mix powdered baby formula**

Amount of formula to be given: _____

Updated amounts of formula: _____ Date: _____

_____ Date: _____

_____ Date: _____

_____ Date: _____

_____ Date: _____

Instructions for the introduction of solid foods: _____

Food likes: _____

Food dislikes: _____

Does child take a pacifier? Yes No When? _____

Allergies (Include any premixed formula) Yes No

If yes, please list _____

Child's Schedule

Breakfast 7:30am-8:00am (approximate time) _____
(Type and approximate amount of food/Center Food)

Snack 9:30am _____
(Type and approximate amount of food/Center Food)

Lunch 11:30am _____
(Type and approximate amount of food/Center Food)

Snack 2:30pm _____
(Type and approximate amount of food/Center Food)

Dinner 5:00pm-5:30pm (approximate time) _____
(Type and approximate amount of food/Provided by Parent)

Morning Nap 10:00-11:30 Afternoon Nap 3:00-4:30

Updated instructions regarding adding new foods or other dietary changes, please list as needed:

Parent's Signature _____

Date _____