

Infant Feeding Plan



Feeding children under one (1) year of age:

- A signed written feeding plan for children under one (1) year of age shall be obtained from parents.
- Instructions from the parent shall be updated regularly as new foods are added or other dietary changes are made.
- The feeding plan shall be posted in the child's assigned room.

Child's Name: _____ Date: _____

Birthday: _____

Does child take a bottle? () Yes () No

Is the bottle labeled? () Yes () No

Is the bottle warmed? () Yes () No

Does the child hold own bottle? () Yes () No

Can the child feed self? () Yes () No

Does the child eat: (check all that apply)

() Strained foods () Formula () Baby foods () Whole Milk () Table foods

() Other: _____

What type of formula is used? _____

****Center cannot mix powdered baby formula**

Amount of formula to be given: _____

Bottle given ever _____ hours.

Should we wake baby to feed? _____ If not, how long should we allow between feeding? _____

Updated amounts of formula: _____ Date: _____
 _____ Date: _____
 _____ Date: _____
 _____ Date: _____
 _____ Date: _____

Instructions for the introduction of solid foods: _____

Food likes: _____

Food dislikes: _____

Does child take a pacifier? () Yes () No When? _____

Allergies (Include any premixed formula) () Yes () No

If yes, please list _____

Child's Schedule

Breakfast _____
 (approximate time) (Type and approximate amount of food)

Lunch _____
 (approximate time) (Type and approximate amount of food)

Dinner _____
 (approximate time) (Type and approximate amount of food)

Morning Nap _____ Afternoon Nap _____
 (approximate time) (approximate time)

Updated instructions regarding adding new foods or other dietary changes, please list as needed:

Parents Scheduled/ Preferred Nap Times	AM Nap Times	PM Nap Times

Parent's Signature _____

Date _____